

Vision Worksheet (1 of 2)

Step 1:

Define Your Non-Negotiables: List three things that are absolutely essential for your new life in Spain. These could be related to location, type of home, lifestyle, or work-life balance.

1. _____
2. _____
3. _____

Step 2:

Visualizing Your Perfect Day: Imagine an ideal day in Spain from morning to night. Consider aspects like where you wake up, what activities you engage in, and the people you interact with. Write down key details:

- Morning: _____
- Afternoon: _____
- Evening: _____

Vision Worksheet (2 of 2)

Step 3:

Create Your Vision Board. Using the ideas above, create a vision board with images, words, or drawings that represent your dream life in Spain. You can:

- Cut out pictures from magazines
- Print images that inspire you
- Use colors and symbols that reflect your aspirations

Step 4:

Share and Refine Your Vision. Discuss your vision with a partner. Ask yourself:

- Does my vision align with my personal values and goals?
- Are there any aspects I need to reconsider?
- What steps can I take today to move closer to my vision?

Step 5: Action Plan

Write down three small actions you can take in the next month to start turning your vision into reality.

1. _____
2. _____
3. _____